

2024/25 Holiday Programme Information Booklet



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PROGRAMME OVERVIEW

Our Holiday Programme offers a unique opportunity for children to have fun, stay active, and develop their skills in a safe and engaging environment. We balance taught sessions in tumbling, parkour and trampoline and other active play with creative games and challenges, free-play and nerf battles.

What To Expect:

As our programme is fairly active, it is important that children are appropriately fuelled throughout the day.

To ensure children stay energised, we recommend bringing a drink bottle and enough food for Morning Tea, Lunch, and Afternoon Tea breaks.

Session Options:

- Holiday Programme
 - Full or Half Day Options
 - Week Passes
 - Workshops
 - Nerf Battles
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Daily Schedule:

Each day will follow a structure, including warm-ups, skill-building, games, food breaks and free play.

Specific times and activities will vary based on the day's focus.

Special Activities:

Throughout the programme, we will offer a variety of activities, challenges and obstacle courses to keep things exciting and engaging for the kids.

Skill Progression:

We work with children of all levels and aim to help them develop at their own pace. By the end of the programme, they will have built confidence in their physical abilities while having a blast!

Contact Information:

Facility Phone Number: **03 925 9338**

Facility Email Address: **flipsandtumbles@outlook.com**

Call for:

- Absence Notifications

Email for:

- Requests for Reschedules, Credits or Refunds due to Absences
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PROGRAMME DATES

APRIL 2024

WEEK 1:

Monday 15th Apr – Friday 19th Apr

WEEK 2:

Monday 22nd Apr – Friday 26th Apr

JULY 2024

WEEK 1:

Monday 8th Jul – Friday 12th Jul

WEEK 2:

Monday 15th Jul – Friday 19th Jul

SEPT/OCT 2024

WEEK 1:

Monday 30th Sept – Friday 4th Oct

WEEK 2:

Monday 7th Oct – Friday 11th Oct

DEC (CHRISTMAS) 2024

WEEK 1:

Monday 9th Dec – Fri 13th Dec

WEEK 2:

Monday 16th Dec – Friday 20th Dec

JANUARY 2025

WEEK 1:

Monday 6th Jan – Friday 10th Jan

WEEK 2:

Monday 13th Jan – Friday 17th Jan

WEEK 3:

Monday 20th Jan – Friday 24th Jan

WEEK 4:

Monday 27th Jan – Friday 31st Jan

HEALTH & SAFETY

General Safety Rules:

- No running outside of designated play areas.
 - Follow all staff instructions.
 - Respect equipment and others in the space.
 - Use proper technique when practicing skills to prevent injury.
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First Aid & Medical Needs:

A qualified First Aid-trained staff member will always be present. If your child has any medical conditions or allergies, please ensure this is communicated to us ahead of time.

WHAT TO BRING

Clothing & Footwear:

- Comfortable, flexible clothing suitable for movement.
 - Clean socks or bare feet for all activities.
 - No jewelry or accessories that could pose a safety risk.
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Food & Snacks:

- Pack a nutritious morning snack and lunch each day.
 - Please avoid nuts or any allergy-triggering foods.
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Water Bottle Policy:

We encourage hydration, so please ensure your child brings a labeled water bottle.

Prohibited

Items/Items You

Bring At Your Own

Risk:

- Electronic devices (phones, tablets, etc.)
 - Toys or valuables
 - Any items that may distract from the activities.
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DROP OFF & PICK UP PROCEDURES

- Times & Location:**
- Drop Off Times:
 - 8:00 am
 - 9:00 am
 - 1:00 pm
 - Pick Up Times:
 - 1:00pm
 - 3:00pm
 - Between 4:00pm and 6:00pm

Drop Off & Pick Up Location:

Main Entrance, At Reception

Late Pick Up Policy:

A late fee will apply if pick up is more than 10 minutes late.
Please notify us in advance if you are running late.

**Authorised Pick-up
Adults:**

For safety, children will only be released to adults listed on the authorised pick up list.

If someone else is picking up your child, please inform us ahead of time.

BEHAVIOURAL EXPECTATIONS

**Respect &
Participation:**

Children are expected to show respect to their peers, staff, and the facility. Participation in all activities is encouraged to ensure a fun experience for everyone.

Discipline Policy:

Inappropriate behaviour will be addressed first with a warning. Repeated offences may result in a conversation with parents, and in extreme cases, removal from the programme without a refund.

**Bullying and Conflict
Resolution:**

We have a zero-tolerance policy for bullying. Any conflicts will be handled immediately and in a way that is respectful and fair to all parties involved.

INSURANCE POLICY

Description:

Purchasing insurance for your Holiday Programme is a simple process and can be done at the time of registering for your preferred Holiday Programme session.

How To Purchase:

1. Book Your Preferred Holiday Programme Session.
 2. Add Insurance During Checkout.
 3. Complete Your Registration.
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Benefits:

- Unlimited Make-Up Classes:
 - If you have to reschedule for any reason, you can do so at no additional cost.
 - Special Provision:
 - If you are booked in for a session on the final Thursday or Friday of the holidays, you will receive a 70% credit of your Day Pass that is valid for any future Holiday Programme Day Pass..
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Claiming Your Insurance:

1. Email us within 48 hours of your absence to schedule a make-up session.
 2. Receive Available Dates; we will provide you with available dates to reschedule your session, availability will be within the Holiday Programme period your original booking was made in.
 3. Confirm and Get Booked; once you confirm your make-up class date, our admin team will book you in and send you a new confirmation email.
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For full Terms, Conditions & Information on our Insurance Policy, please refer to the Insurance page on the website:

<https://www.flipsandtumblesnz.com/insurance>

CANCELLATION & REFUND POLICY

Cancellations by Parents:

If you need to cancel your booking, please let us know at least 24 hours before the start of the session.

Reschedules, Credits and Refunds may be issued, in the case an Insurance Policy has been purchased.

Conditions do apply depending on the timing of the cancellation.

Cancellations by Flips & Tumbles:

In the unlikely event that we need to cancel a session, you will be notified as early as possible and provided with a credit or refund.

An email will be sent with available options for you to choose from.

We aim to be fair and prompt with our notification.

Refund Guidelines:

Refunds will only be issued under certain conditions (e.g., illness with a doctor's note) and may be subject to an administrative fee.

For full Terms, Conditions & Policies, please refer to the Terms of Use page on the website:

<https://www.flipsandtumblesnz.com/termsfuse>



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